



spiritual, cultural, educational, social and economical action" - Sri Aurobindo

... An outer activity, as well as an inner change, is needed and it must be at once a

A relationship that is not only cordial but friendly with the inhabitants of the

neighboring village is absolutely indispensable. For the realization of Auroville the first step is to establish a true human fraternity — any shortcoming in this regard is a grave mistake which can compromise the whole work. My blessings are with all sincere effort towards harmony. The school should be an opportunity for progress for the teacher as well as for the

student. Each one should have the freedom to develop freely. - The Mother

Mohanam was opened in 2001, The name Mohanam comes from one of the

most harmonious ragas of Classical Indian Music, a raga being a musical melody aimed at creating a certain mood and state of mind. The Mohanam raga evokes the power of fulfillment of our aspiration for beauty and harmony. **The Mission** 

## To act as a bridge between Auroville and its surrounding villages and to keep

alive the local rural Tamil cultural heritage. Mohanam wants to be a youthful, vibrant community centre that helps to

revitalize the rich village traditions of Tamil Nadu. We believe that in the rush towards modernization it is important to recognize and appreciate our past and its potential to function as a foundation for building a brighter future for all, one where the divine force within each one of us may unfold. Youth Empowerment activity and



2019 for women's group and parents. Around 62 women and parents. They learned some different techniques like how to draw the kolam on the canvas with paints, usually, women draw Kolam on the floor with rice powder. They make a different kind of design pattern of kolam, which also leads them to go in deep concentration. All the kolam works were kept in the exhibition of the crèche annual day.

kolam workshop on the 21st of April

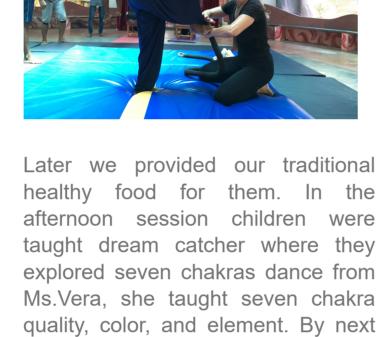
Rajaveni from Lively, Mr.Anbazhagan, who is a wonderful artist from Pondicherry, Mr. Balamurugan, who is also an artist from Pondicherry. **Auroville Jungle Camp:** 

This campus is guided by Mrs.





which also includes the children from 8 to 13 age group. On the very first day, we started with 9 point Meditation in the morning with Mr. Raj, through which children learned the seven chakras. Then they were taken to get special learning about some specific circus stunts and movements with Ms. Kalou, This was the first time for them to learn some circus moves and they shared it was a great experience to explore some new things.



meditation at the beach itself and adding some fun elements we played Frisbee.

Relaxation is the most important

need we consider for any human

body type and sound healing is one

of the best treatments of relaxation.

Children were given a sound healing

process with Mr. Balu. Later on, they

visited the pichandikulam forest on

morning children were taken to

witness the beautiful sunrise and did

the very last day. Walking through the forest is the best experience was the best experience according to the children. Throughout the forest exploration, they did explore, learned a lot of things like different sorts of plants, their medical use and so on. They enjoyed their entire walk sitting under the tree, capturing their creativity on the paper. Last but not the least their feedback about this camp gave us a motivation to move forward with so many new ideas floating around Mohanam.

**Sharing circle:** 



have at the moment we have 18 youth from the different villages, to learn Music, Dance, painting, and drumming circle, etc. Here we Mohanam team provide them training for who are interested in leading the activity here like night tuition, art activity, video and photographic and sports.



team to a next level .they themselves built a beautiful hut where they sit together weekly once and discuss what can be done for the next and what new could be brought in the mohanam campus for the betterment of Mohanam.



creativity in the Mohanam campus. The energy of our Mohanam youth is always high to explore new creativity bubbles by discovering their talent love for making a new pure world.

Pondicherry government tour

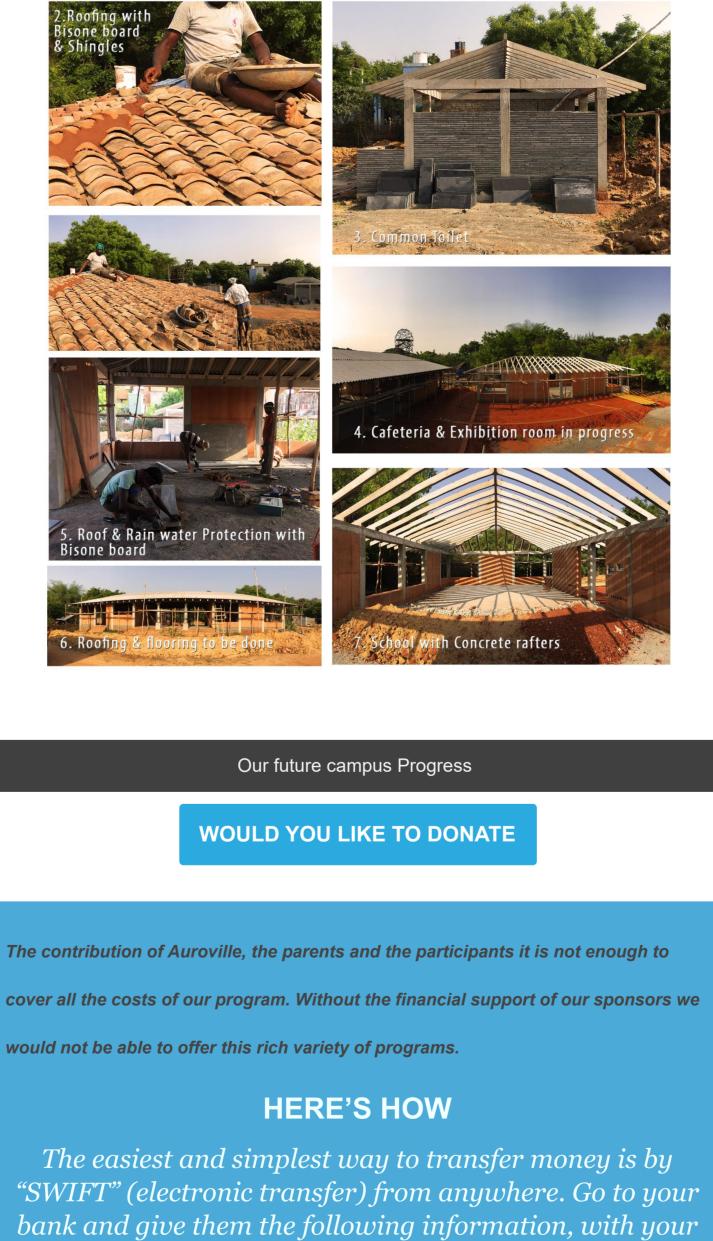
guide program



individuals holds a responsible &

challenging role as Tourist Guide on

Spirituality & Traditions in and around Pondicherry & Auroville. After a short tour with trainees & officers around the neighboring villages in bio-regions, an introduction to a historically important Irumbai Sivan Temple with interesting & unbiased story and its connection to Auroville was shared with all Tourist Guides by Raj & Mohanam Team. Later we were called again to their training campus for Guided Meditation. This was enthusiastically well received and appreciated by the Tourism Director Mr.Mansoor, Senior Officer Mr.Chidambaram, all attendees & guides from all religious background. Thanks to Raj, Hypnotherapist & Yoga practitioner who has enhanced the training program with utterly different perspective. And he adds, "It is important for me to deliver an opinion without any religious or traditional tone to spirituality. I see it as science and this guided meditation brings a experiential knowing to attendees. Thanks to Mohanam Team which opens an opportunity to deliver the facts".



Current Progress of Mohanam Village Heritage Centre

Auroville – 605 101 –India Branch code:03160

donation.

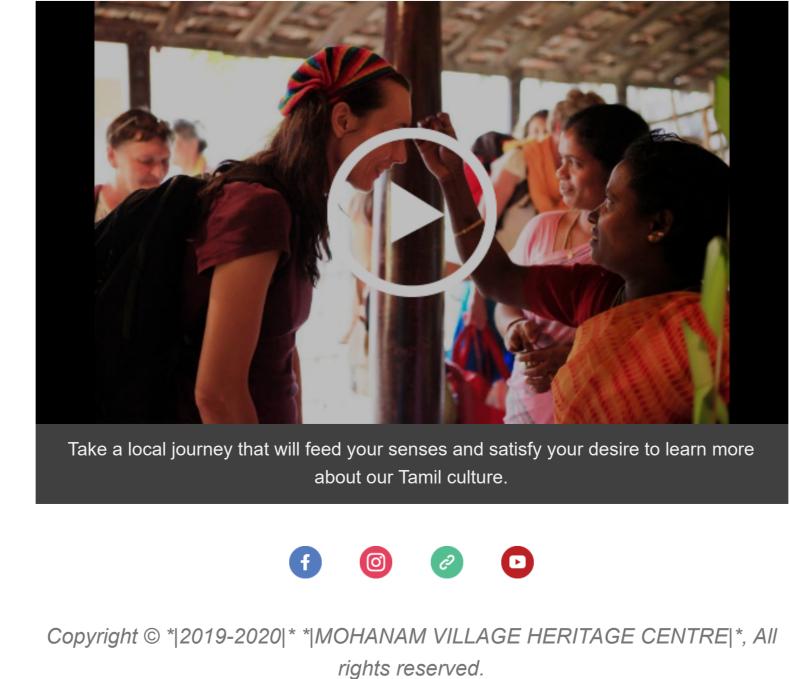
**SWIFT CODE:** SBININBB474

Account with State Bank of India, Auroville

International Township Branch, Kuilapalayam,

Name of the Account Holder: Auroville Unity Fund **Account No: 10237876508 Purpose: Mohanam Cultural Centre** 

**Volunteer Needed** 



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